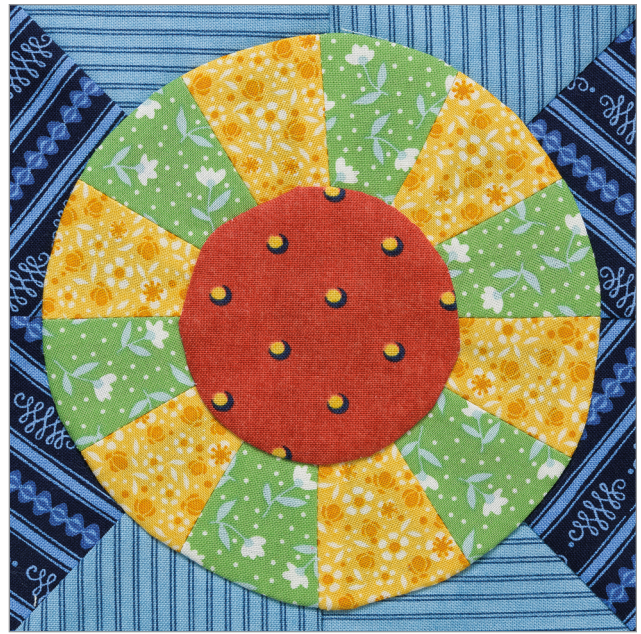


# Milk and Cookies

• REBECCA BRYAN •

*Do I love milk and cookies? No! You can take the milk—I'll take the cookies! Just like my desserts, in my quilts I love simple pleasures like repeating shapes and secondary patterns. They go hand in hand, kind of like milk and cookies. Basic, but always scrumptious and satisfying.*  
~Rebecca



## What You'll Need

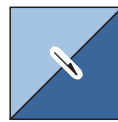
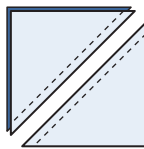
- A: 2 blue stripe squares,  $3\frac{7}{8}'' \times 3\frac{7}{8}''$
- B: 2 navy stripe squares,  $3\frac{7}{8}'' \times 3\frac{7}{8}''$
- C: 6 yellow print squares,  $2\frac{1}{2}'' \times 2\frac{1}{2}''$
- D: 6 green print squares,  $2\frac{1}{2}'' \times 2\frac{1}{2}''$
- 1 red print square,  $3\frac{1}{2}'' \times 3\frac{1}{2}''$
- Template plastic or freezer paper
- Appliqué glue

## Assembly and Appliqué

Press all seam allowances in the direction indicated by the arrows. The appliqué and wedge patterns are on pattern sheet 2. The instructions are written for needle-turn appliqué.

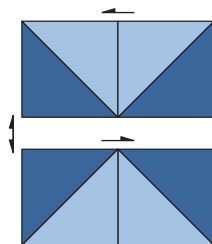
1. Draw a diagonal line from corner to corner on the wrong side of the A squares.

2. Referring to "Triangle Squares" on page 137, place an A square on a B square with right sides together. Sew, cut, and press to make two half-square-triangle units. Make four units that measure  $3\frac{1}{2}''$  square.



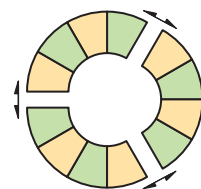
Make 4.

3. Arrange and sew the four units together to make the block background that measures  $6\frac{1}{2}''$  square.



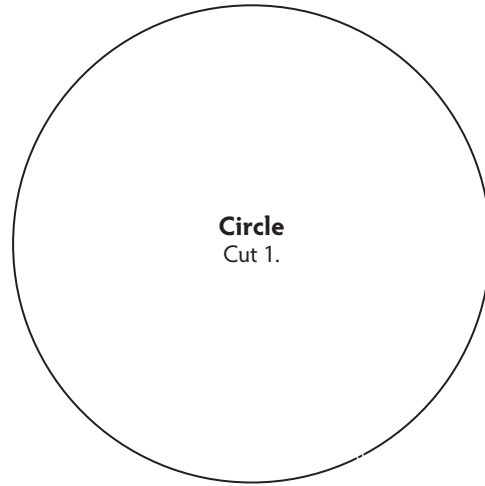
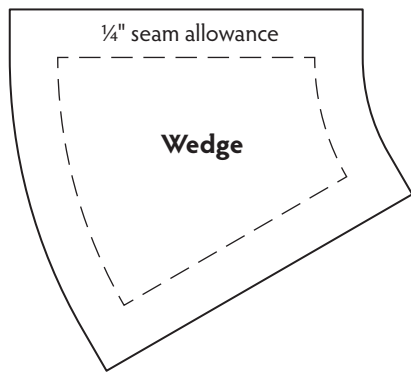
4. Make a template using the wedge pattern and template plastic or freezer paper. Trace the template onto the wrong side of each C and D square. Cut out along the lines to make six C wedges and six D wedges.

5. Sew the wedges together into pairs. Join the pairs to make a ring.



6. Use the seam lines to center the ring on the pieced background and glue or pin in place. Stitch around the outer edges by hand using a blind stitch.

7. Prepare the circle appliqué for your preferred method. Position the circle in the center of the ring. Using matching thread, appliqué it in place.



Circle pattern does not include seam allowances.