



Rose and Dot

• LORI KENNEDY •

The Rose and Dot block is named after the two lovely ladies who inspired me to sew, my grandmother, Rose, and my mother, Dorothy. They taught me to appreciate the small joys in life, like quilting and gardening. I hope to continue their tradition by sharing this simple flower with future generations of quilters. ~Lori

What You'll Need

- A: 1 light blue floral rectangle, $3\frac{1}{2}'' \times 6\frac{1}{2}''$, for background
- B: 1 medium blue stripe rectangle, $3\frac{1}{2}'' \times 6\frac{1}{2}''$, for background
- 1 green print square, $5'' \times 5''$, for stem and leaves
- 1 red print square, $4'' \times 4''$, for flower
- 1 yellow print square, $2'' \times 2''$, for flower center
- 1 square of lightweight batting, $3'' \times 3''$ (optional)
- Template plastic or freezer paper
- Appliquéd glue

Assembly and Appliquéd

Press all seam allowances in the direction indicated by the arrows. The appliquéd patterns are on pattern sheet 1. The instructions are written for hand appliquéd. The patterns are symmetrical and do

not need to be reversed if you prefer to use fusible appliquéd.

1. Join the A and B rectangles, right sides together, to make a $6\frac{1}{2}''$ square background unit.



Make 1.

2. Cut a $1'' \times 3\frac{1}{2}''$ strip from the green. Press the strip in half lengthwise with wrong sides together. Open the strip and press each long side toward the center crease to make a $\frac{1}{2}''$ -wide stem.

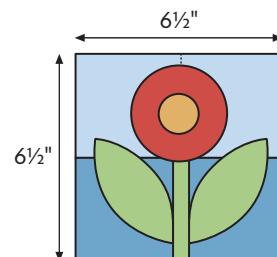


3. Using the patterns, trace one of each shape onto template plastic or freezer paper. Cut out the shapes directly on the line. Use the templates to then cut one

flower from the red, one flower center from the yellow, and two leaves from the green, adding a $\frac{1}{4}''$ seam allowance all around.

4. Optional: Cut out flower from batting, cutting directly on the line. On the wrong side of the flower circle, baste or glue the circle of batting in the center of the circle.

5. Position the stem, leaves, flower, and flower center on the background unit, referring to the placement guide and photo. Pin, baste, or glue the pieces to the background and appliquéd in place.



Appliquéd placement guide

